

# Come Experience Something New!

## **Aerobic Dance for Women -Ladies this is for you!**

Come enjoy this fun, new way to get in shape. Introducing Aerobic Dance, a combination of Latin and traditional dance moves incorporated into an exciting exercise program that will sculpt, tone and shrink your waste line. Aerobic Dance is a calorie burning, easy to follow dance exercise program that makes it fun and exciting to workout without using those bulky, expensive machines.

Classes will begin this June and will be offered in the early morning and the evening.



**Classes Starting as Low as  
\$35.00 per month.  
10% Off Military  
Families**

**Classes Offered:**  
Pointe • Ballet  
Lyrical • Jazz  
Tap • Hip Hop  
Private Lessons  
Available  
(Ages 4-18 and Adult)

## **Competitive Dance Team**

We are excited to present a competitive dance team, where the students will have the opportunity to tryout for East Carolinas Elite Dance Team. This team will give the students a chance to travel to nearby cities and compete against other dance studios and schools. We're so grateful to be able to give such an opportunity to the students.

Tryouts are June 21, 2008 from 10am - 3:30pm.  
For ages 12-18.

**Registration is May 17 - Aug. 1, 2008 - Please call for times.  
Must register on May 17th from 10am - 4pm for all CAMPS,  
TECHNIQUE CLASSES, and for WOMEN'S AEROBICS**

# East Carolina Dance Co.

252-335-7608 • 407-F South Griffin St., Elizabeth City, NC 27909 • [ecdance@hotmail.com](mailto:ecdance@hotmail.com)